

Course Calendar

Term 3 2025



Central Coast Family Support Services course work programs are delivered face to face unless stated as online. Some courses will have limited free childcare available which will need to be booked during registration.

PARENTING PROGRAMS

COURSE	LOCATION	DATES	TIME
Circle of Security 6 week face to face course recommended for parents and carers of children under 5 years. Limited pre-booked childminding available.	ERINA Erina Trust Community Hall	6 Week Program Monday 4 August to Monday 8 September	9.30am to 11am
Bringing Up Great Kids 6 week course recommended for parents and carers of children 0 -12 years. This course is for women only. Limited pre-booked childminding available.	WOY WOY Peninsula Women's Health Centre	6 Week Program Wednesday 6 August to Wednesday 10 September	12.30pm to 2.30pm
Fear - Less Triple P 6 week face to face course recommended for parents and carers of children 5 -12 years. Limited pre-booked childminding available.	SAN REMO Jabiru Cottage Northlakes SaCC	6 Week Program Thursday 7 August to Thursday 11 September	12.30pm to 2.30pm
Stepping Stones Triple P 6 week face to face course for parents and carers of children 0-12 years with additional needs. Limited pre-booked child minding available.	KARIONG Kariong Neighbourhood Centre	6 Week Program Tuesday 12 August to Tuesday 16 September	10am to 12pm
Circle of Security 6 week face to face course recommended for parents and carers of children under 5 years. Limited pre-booked childminding available.	WYONG Wyong SaCC	6 Week Program Wednesday 13 August to Wednesday 17 September	12.30pm to 2.30pm
CHIME Project - Circle of Security 6 week course recommended for parents and carers of children under 5 years. This course includes additional information on how parental mental health can impact parenting.	ONLINE via Zoom	6 Week Program Friday 15 August to Friday 19 September	9.30am to 11.30am

[CLICK HERE TO BOOK ONLINE](#)

For more information please visit www.ccfss.org.au or call 02 4340 1585

Support Group Calendar

Term 3 2025



Central Coast Family Support Services facilitates Peer to Peer Support Groups Sessions for Grandparents Raising Grandchildren and Young Parents on the Central Coast.

FREE PEER TO PEER SUPPORT GROUPS

GROUP	LOCATION	DATES	TIME
GRG - Grandparents Raising Grandchildren Join us for one of our monthly support group sessions and meet other grandparents who have full time care of their grandchildren over a cuppa and a chat. These sessions are facilitated by an experienced caseworker offering information, advice and referrals. Bookings not required.	WYONG Wyong Milk Factory 141 Alison Rd, Wyong	First Wednesday of the Month during school terms 6 August 3 September	10am to 12pm
	KARIONG Phillip House 21 Old Mount Penang Rd, Kariong	Last Wednesday of the Month during school terms 30 July 27 August 24 September	10am to 12pm

GROUP	LOCATION	DATES	TIME
CHAT - Young Parent Support Group For young and expecting young parents up to 24 years to come together in a relaxed environment and meet new people. Each week there are opportunities to engage with parenting activities or access service providers to gain new insights, advice and experiences for your child's development. Bookings not required to attend. Limited pre-booked transport is available.	LONG JETTY The Clam Hall 204 The Entrance Rd, Long Jetty	Every Friday during school terms TERM 3 DATES Friday 25 July to Friday 26 September	10.00am to 12.00pm

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