

Course Calendar

Term 2 2024



Central Coast Family Support Services course work programs are delivered face to face unless stated as online. Some courses will have limited free childcare available which will need to be booked during registration.

PARENTING PROGRAMS

COURSE	LOCATION	DATES	TIME
CHIME Project - Fear Less Triple P Workshop This one day workshop is for parents who experience a Mental Health issue that impacts their parenting.	The Entrance OLR Parish Centre	1 day course Tuesday 21 May	9am to 2.30pm
Tuning in to Kids 6 week face to face course for parents and carers of children 0-12 years.	Gorokan SaCC Centre	6 week course Thursday 16 May to Thursday 27 June *no program Thursday 13 June	12.30pm to 2.30pm
Triple P Parenting Program 5 week face to face course for parents and carers of children 0-12 years. Limited child minding available. This course is for women only.	Wyoming CCC Women's Health Centre	5 week course Monday 13 May to Monday 17 June *no program Monday 10 June (Public Holiday)	10.00am to 12.00pm
P4P - Preparation for Birth & Parenting 6 week face to face course for first time parents under 25 years.	Kariong Central Coast Family Support Services	6 week course Tuesday 14 May to Tuesday 18 June	12.00pm to 2.00pm
Circle of Security 6 week face to face course for parents and carers of children 0-12 years.	Kariong Kariong Neighbourhood Centre	6 week course Monday 13 May to Monday 24 June *no program Monday 10 June (Public Holiday)	10.30am to 12.30pm
Circle of Security 6 week online course for parents and carers of children 0-12 years.	ONLINE	6 week course Tuesday 14 May to Tuesday 18 June	6.30pm to 8.30pm

[**CLICK HERE TO BOOK ONLINE**](#)

For more information please visit www.ccfss.org.au or call 02 4340 1585

SUPPORT GROUPS

Term 2 2024

CENTRAL COAST



FAMILY SUPPORT SERVICES

Central Coast Family Support Services facilitates Support Groups Sessions for Grandparents Raising Grandchildren and Young Parents on the Central Coast.

FREE SUPPORT GROUPS

GROUP	LOCATION	DATES	TIME
<p>GRG - Grandparents Raising Grandchildren</p> <p>Join us for one of our monthly support group sessions and meet other grandparents who have full time care of their grandchildren over a cuppa and a chat.</p> <p>These sessions are facilitated by an experienced caseworker offering information, advice and referrals.</p> <p>Bookings not required.</p>	<p>WYONG</p> <p>Wyong Milk Factory 141 Alison Rd, Wyong</p>	<p>First Wednesday of the Month during school terms</p> <p>1 May 5 June 3 July</p>	9.30am to 11.30am
	<p>KARIONG</p> <p>Phillip House 21 Old Mount Penang Rd, Kariong</p>	<p>Last Wednesday of the Month during school terms</p> <p>29 May 26 June</p>	9.30am to 11.30am

GROUP	LOCATION	DATES	TIME
<p>CHAT - Young Parent Support Group</p> <p>For young and expecting young parents up to 24 years to come together in a relaxed environment and meet new people.</p> <p>Each week there are opportunities to engage with parenting activities or access service providers to gain new insights, advice and experiences for your child's development.</p> <p>Bookings not required to attend. Limited pre-booked transport is available.</p>	<p>LONG JETTY</p> <p>The Clam Hall 204 The Entrance Rd, Long Jetty</p>	<p>Every Friday during school terms</p> <p>from Friday 3 May to Friday 5 July</p>	10.00am to 12.00pm

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