

CENTRAL COAST



FAMILY SUPPORT SERVICES

Central Coast Families Support Program

Our Family Support Program aims to strengthen family relationships and increase the safety and wellbeing of children and young people.



Central Coast Family Support Services is a community based not-for-profit service supporting families on the Central Coast of NSW. **This is a FREE service.**

Caseworkers meet with families to discuss your needs and help you to address your most important goals.

www.ccfss.org.au
(02) 4340 1585

How do we support families?

- ✓ Support is designed to assist parents build their skills and confidence to be self-sufficient and manage family issues as they arise.
- ✓ Services provided are mobile and flexible, and caseworkers can meet with families at a location that is convenient for you, whether it be at your home, at our office or somewhere in the community.
- ✓ We also provide structured parenting courses which focus specifically on supporting parents to further develop their knowledge about child development and of understanding and managing children's behaviour.



Referral

A family can refer themselves directly by contacting us. A referring agency can phone and discuss a referral with our intake worker, or make a referral via our website.

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