

CHAT Young Parent Peer Support Group

Friday 10AM-12PM

This group provides a great opportunity for young and expecting parents aged 12-24 years to come together in a relaxed environment to meet new people and make new friends

Contact Josie on 0434 426 110
for more information

FREE Group!
No booking required

Date:	Activity:
5 February	Summer Catch-up and Kicking Goals! Come along to our first CHAT of 2021! We will be catching up from the Summer holiday break and will be setting our goals for 2021!
12 February	Study, study study! Today we will be joined by guest speakers from the DALE school to talk about courses, and study opportunities! Come along with any questions you may have about your study goals! We will also be doing some fun Valentine's Day craft!
19 February	Fun with library services! Come along to learn about the library services available on the Central Coast! We will be joined by a librarian to talk all things library services and will be doing fun craft, songs and story time!
26 February	Sensory Summer Send-off! Today we will be sending off Summer with some fun sensory activities!
5 March	Housing! We will be joined by a guest speaker from the KEYS program to talk all things Housing! Come along with any housing questions you may have!
12 March	Boost Our Balance! Today we will be doing some fun balancing and coordination activities to boost our skills!
19 March	Dream Job Journey! We will be joined by a guest speaker from ParentsNext who will be giving us resume writing tips and talking about job applications to help you on your journey towards your dream job!
26 March	Easter Egg Fun! Join us for our last week of CHAT Term 1! We will be celebrating Easter with an Easter Egg Hunt and some fun Easter activities!

If you need support getting to this peer support group, please DM us on Facebook!

CENTRAL COAST



FAMILY SUPPORT SERVICES

Long Jetty Uniting Church Hall
204 The Entrance Road,
Long Jetty



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WYONG