

# Circle of Security



## **A RELATIONSHIP BASED PARENTING PROGRAM FOR CAREGIVERS**

Topics Include: Exploring Your Children's Needs, Understanding How to Help Build a Solid Emotional Foundation With Your Child, How to Create a Secure Attachment With Your Child, How To Be a 'Bigger, Stronger, Wiser and Kind' Caregiver.

**Wednesday's – 31 October, 7, 14, 21, 28 November,  
and 5 December 2018 10am-12pm**

(6 Week Program) at Central Coast Family Support Services, 21 Od Mount Penang Rd, Kariang

**FREE morning tea provided**

**BOOKINGS ESSENTIAL!**

To register for this course, please phone 4340-1585 or email [ccfss@ccfss.com.au](mailto:ccfss@ccfss.com.au)

CENTRAL COAST



**FAMILY SUPPORT SERVICES**



**Circle of Security**  
INTERNATIONAL  
*Early Intervention Program for Parents & Children*