

CENTRAL COAST



FAMILY SUPPORT SERVICES

YOUNG PARENT PROGRAM

EARLY INTERVENTION SUPPORT



REFERRAL

A family can refer themselves directly by contacting us. A referring agency can phone and discuss a referral with our intake worker.

CONTACT

Get in touch today to learn more or get started.

T (02) 4340 1585

E ccfss@ccfss.org.au

W www.ccfss.org.au

21 Old Mt Penang Rd, PO Box 7125, Kariong NSW 2250

CENTRAL COAST



FAMILY SUPPORT SERVICES

Central Coast Family Support Services is a community based service supporting families on the Central Coast of NSW.

WHO

IS IT FOR?

To be eligible for our Young Parent Program you need to be a Central Coast resident and a pregnant or parenting young person aged 12 - 20 years. This is a free service.

HOW

DOES THE PROGRAM WORK?

- Support is provided and designed to help parents build the skills and confidence to be self-sufficient and manage family issues as they arise.
- Our case workers are mobile and flexible, able to meet with our families at a location that is convenient for you, whether it be at your home, at our offices or somewhere in the community.
- We can also provide parenting programs which focus specifically on supporting young parents to further develop their parenting knowledge and understanding of caring for a newborn and managing children's behavior.
- Our aim is to equip young parents with the skills and confidence they need to be self-sufficient and to be able to manage family issues without ongoing support.